

MonaLisa Touch Pre-External Treatment Instructions

It is important to follow your treatment provider's instructions before and after treatment.

Pre-Treatment Recommendations: Patient

- Shower or bathe the morning of treatment, so that the area to be treated is clean.
- Understand and sign a Consent to Treat form
- Shave the vulvar area before your treatment
- Dress in loose fitting pants and cotton underwear on the day of treatment
- Your care provider may apply topical anesthetic to the vulvar area prior to treatment to minimize treatment discomfort
- Purchase supplies and medications needed for post-treatment care before treatment date.
- Patient Supplies Needed
 - Moisturizing occlusive ointment, such as Aquaphor® Healing Ointment or Vaseline® ointment.
 - Gentle, hypoallergenic skin cleanser
 - Cold gel packs
 - Patient prescriptions as directed by physician: antiviral and/or others